

# CHANT ATHLETE CODE OF CONDUCT



## Purpose and Standard

This Athlete Code of Conduct provides behavioral guidance and establishes clear expectations for all involved. It serves as CHANT's standard for behavioral evaluation. Illegal, unlawful, and harmful behavior toward others will not be tolerated and will be reported to the appropriate authorities. Participation in CHANT is a privilege and is contingent upon proper conduct on and off the field of play.

I Corinthians 10:31: "Whatever you do, do it all for the glory of God."

## Core Commitments

### 1. Integrity and Personal Care

- A. I will conduct myself with integrity on and off the field. Integrity includes doing what is right even when no one is watching.
- B. I will take care of my body by getting enough rest, eating well, and staying properly hydrated.
- C. I will not hide any injury. I will report injuries immediately to my Coach, parent/guardian, and athletic trainer (when available).
- D. During the season, I will refrain from activities that increase my risk of injury.

### 2. Commitment, Attendance, and Preparation

- A. I will respect my commitment to the team by being punctual and prepared for all practices and games.
- B. I will attend all scheduled practices and games, including away games. If I cannot attend, I will notify my Coach in advance.
- C. Missing practice immediately before a game may result in loss of participation time.

### **3. Team Conduct, Respect, and Sportsmanship**

- A. I will be a good teammate and demonstrate a strong commitment to excellence at practices and games.
- B. I will be respectful to my Coaches, team leaders, teammates, and helpers, including when receiving feedback, critique, or correction.
- C. I will work to develop unity within my team and will not intentionally create conflict or strife through words or actions.
- D. I will play by the rules. If an opponent is playing unsafely or unfairly, I will report it to my Coach so Coaches and officials can address it.
- E. I will be respectful to game officials, opponents, and spectators. I will not engage in disputes with officials and will allow Coaches to address concerns appropriately.
- F. I will win with humility and dignity and lose with grace.

### **4. Facility and Property Standards**

I will respect and follow the rules of the properties and facilities we use for practices, games, travel, and CHANT events, including restrictions related to food and beverages in athletic areas.

### **5. Equipment Stewardship**

- A. I will respect, protect, and maintain all equipment and items issued or required for participation.
  - i. Examples include helmets and other protective gear, uniforms, backpacks, bows, and poms, as applicable to the sport.
- B. I will not throw equipment or use it in a careless or unsafe manner.

- C. At the end of the season or immediately upon dismissal from CHANT, I will return all issued items. Failure to do so will result in a fee to cover the replacement cost.

## **6. Modesty, Attire, and Appearance**

- A. I will abide by CHANT standards regarding what may and may not be worn at practices, games, travel, and CHANT events.
- B. I will wear practice and game uniforms appropriately and will dress appropriately when attending CHANT events.
- C. I will wear my shirt or practice jersey during practice as I would during a game. Exposing myself or otherwise wearing clothing in a way that would not be permitted in a game is not permitted in practice.

## **7. Language, Conduct, and Sportsmanship Violations**

- A. I will not use profanity, offensive language, inappropriate gestures, or discriminatory language, including racist, sexist, or sexual comments or jokes.
- B. Unsportsmanlike conduct may result in immediate removal from a game or practice, loss of participation time, and expulsion from CHANT.
- C. I understand that when a Coach holds me accountable for my actions, it is intended to help me improve.

## **8. Faith Activities and Respect**

I will attend and be respectful during Bible devotions, prayer, and discipleship/Bible study opportunities. I understand that I will be encouraged to read my Bible.

## **9. Substances and Impairment**

- A. I will not use alcohol, tobacco (including e-cigarettes or other smokeless nicotine products), illegal drugs, non-prescriptive drugs, anabolic steroids, or any substance

intended to increase physical development or performance that is not approved by the United States Food and Drug Administration, the Surgeon General of the United States, or the American Medical Association.

- B. If I arrive impaired at any CHANT event, my Coach will contact my parents/guardians and evaluate the cause. I will not be allowed to participate until the issue is resolved. Depending on the cause, termination from CHANT may result.

## **10. Pornography**

I will not view or distribute pornography with or among my teammates or anyone within the CHANT organization.

## **11. Gossip, Conflict, and Cyberbullying**

- A. I will not rush to gossip or act as a talebearer. “Without wood, a fire goes out; without gossip a conflict ceases.” (Proverbs 26:20)
- B. I will not participate in or instigate cyberbullying against any teammate, Athlete, or individual. Cyberbullying includes intentionally and repeatedly mistreating or harassing someone using electronic devices or electronic communication platforms.

This includes, but is not limited to:

- i. Spreading lies.
- ii. Harassing someone.
- iii. Posting embarrassing or inappropriate pictures/videos of someone without consent.
- iv. Sending hurtful, threatening, or abusive messages, images, or videos.
- v. Impersonating someone by using their account or a fake account.

- C. Cyberbullying is not excused as a “joke.” Ongoing conduct that causes shame, harm, or disrespect is unacceptable and will be addressed.

## **12. Handling Problems and Resolving Disputes**

This process is separate from Coach-imposed discipline.

1. Speak directly with the individual with whom you have a problem or conflict.
2. If not resolved, bring in a Coach or parent/guardian to help.
3. If it is not resolved, bring in the Athletic Director.
4. If not resolved, request review by the CHANT Board by submitting concerns in writing.

Depending on the seriousness of the issue, parents/guardians or an authority figure may need to be involved at the beginning of these steps.

## Acknowledgement and Consequences

I have read the CHANT Athlete Code of Conduct and agree to fulfill it as a participant. I understand failure to comply may result in one or more of the following:

- Being addressed by my Coach.
- Parent/guardian contact.
- Loss of participation time.
- Removal from the team.

I understand that no refund will be provided if I am asked to leave the team or if I quit after the season begins.

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Printed Name

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Date

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Athlete's Signature

## **Addenda**

### **Football Addendum: Playing Time**

1. Middle school playing time is intended to promote player development and player safety. Middle school Athletes are expected to participate unless practice has been missed, their attitude is poor, or the Athlete is not prepared for the game.
2. Varsity playing time is not guaranteed. Playing time is at the Coaches' discretion and may be based on factors such as practice attendance, effort, athletic ability, game effort, attitude, and character.

### **Cheer Addendum: Practice Participation Standard**

1. Athletes are expected to participate during practice. Non-participation may result in the Athlete not being allowed to participate in the next game/event.